






CLAIMS & BALANCES STATEMENT

Customized by me, for me.

CURRENT PLAN YEAR SNAPSHOT

As of today May 03, 2021

 In-Network Deductible \$2,000.00 Plan Medical Deductible Met-to-Date Plan Deductible \$2,000.00 Remaining \$0.00	 Out-of-Network Deductible \$273.00 Plan Medical Deductible Met-to-Date Plan Deductible \$4,000.00 Remaining \$3,727.00	 Account Balance(s) HRA \$0.00
---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------

MY CLAIMS & BALANCES STATEMENT

Selected Period: January 01, 2020 - December 31, 2020



Prior Plan Year In-Network Medical Deductible And Out-of-Pocket Maximums

Includes all claims processed for the prior plan year

In-Network Deductible \$1,000.00 Met	Plan Deductible \$1,000.00 Met \$1,000.00 Remaining \$0.00	Out-of-Pocket Maximum \$3,000.00 Spent to Date \$1,482.36 Remaining \$1,517.64
Priyanka Sasane \$0.00 Met	Individual Deductible \$0.00 Met \$0.00 Remaining \$0.00	Out-of-Pocket Maximum \$0.00 Spent to Date \$0.00 Remaining \$0.00
Advik Sasane \$0.00 Met	Individual Deductible \$0.00 Met \$0.00 Remaining \$0.00	Out-of-Pocket Maximum \$0.00 Spent to Date \$0.00 Remaining \$0.00
Swara Sasane \$0.00 Met	Individual Deductible \$0.00 Met \$0.00 Remaining \$0.00	Out-of-Pocket Maximum \$0.00 Spent to Date \$0.00 Remaining \$0.00



Prior Plan Year Out-of-Network Medical Deductible And Out-of-Pocket Maximums

Includes all claims processed for the prior plan year

Out-of-Network Deductible \$1,000.00 Met	Plan Deductible \$2,000.00 Met \$1,000.00 Remaining \$1,000.00	Out-of-Pocket Maximum \$6,000.00 Spent to Date \$1,482.36 Remaining \$4,517.64
--------------------------------------------------------------	----------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------

Priyanka Sasane \$0.00 Met	Individual Deductible \$0.00 Met \$0.00 Remaining \$0.00	Out-of-Pocket Maximum \$0.00 Spent to Date \$0.00 Remaining \$0.00
------------------------------------------------	------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------

Advik Sasane \$0.00 Met	Individual Deductible \$0.00 Met \$0.00 Remaining \$0.00	Out-of-Pocket Maximum \$0.00 Spent to Date \$0.00 Remaining \$0.00
---------------------------------------------	------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------

Swara Sasane \$0.00 Met	Individual Deductible \$0.00 Met \$0.00 Remaining \$0.00	Out-of-Pocket Maximum \$0.00 Spent to Date \$0.00 Remaining \$0.00
---------------------------------------------	------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------



Claims For All Plan Members

Medical Claims with a date of service from January 01, 2020 - December 31, 2020

Service Date	Provided By	For	Status	Amount Billed	Discount*	What Your Plan Paid	My Account Paid	What I Owe
12/28/2020	MARINO MD TERESA	PRIYANKA	Paid	\$377.00	\$252.22	\$94.78	--	\$30.00
12/09/2020	QUEST DIAG MA LLC	PRIYANKA	Paid	\$160.86	\$149.72	\$10.03	\$1.11 HRA	\$0.00
11/27/2020	WESSMAN DO STACEY L	PRIYANKA	Paid	\$156.00	\$71.18	\$84.82	--	\$0.00
11/27/2020	QUEST DIAG MA LLC	PRIYANKA	Paid	\$89.99	\$79.95	\$10.04	--	\$0.00
11/27/2020	WESSMAN DO STACEY L	PRIYANKA	Paid	\$20.00	\$13.84	\$6.16	--	\$0.00
11/12/2020	REARDON NP LISA M	PRIYANKA	Paid	\$387.00	\$212.98	\$142.09	--	\$31.93
11/12/2020	QUEST DIAG MA LLC	PRIYANKA	Paid	\$52.87	\$40.67	\$10.98	\$1.22 HRA	\$0.00
11/12/2020	REARDON NP LISA M	PRIYANKA	Paid	\$20.00	\$14.47	\$5.53	--	\$0.00
11/10/2020	ATHANASSIOU MD ACHILLES M	PRIYANKA	Paid	\$601.00	\$156.21	\$414.79	\$30.00 HRA	\$0.00
10/29/2020	CHEN MD HSI-PIN	PRIYANKA	Paid	\$210.00	\$46.52	\$133.48	\$30.00 HRA	\$0.00
10/29/2020	CHEN MD HSI-PIN	PRIYANKA	Paid	\$231.00	\$93.69	\$116.70	\$20.61 HRA	\$0.00
10/05/2020	CARECENTRIX INC	PRIYANKA	Paid	\$217.15	\$0.00	\$217.15	--	\$0.00
10/03/2020	CHEN MD HSI-PIN	PRIYANKA	Paid	\$86.00	\$41.50	\$37.83	\$6.67 HRA	\$0.00
09/29/2020	KASIMER MD WILLIAM D	PRIYANKA	Processed	\$22.00	\$0.00	\$0.00	--	\$0.00
09/29/2020	STH SHORE HSP	PRIYANKA	Paid	\$108.59	\$71.31	\$37.28	--	\$0.00
09/29/2020	QUEST DIAG MA LLC	PRIYANKA	Paid	\$52.87	\$40.67	\$10.98	\$1.22 HRA	\$0.00
09/29/2020	WESSMAN DO STACEY L	PRIYANKA	Paid	\$43.00	\$17.42	\$23.37	\$2.21 HRA	\$0.00
09/29/2020	WESSMAN DO STACEY L	PRIYANKA	Paid	\$20.00	\$13.84	\$6.16	--	\$0.00
08/18/2020	ATHANASSIOU MD ACHILLES M	PRIYANKA	Paid	\$638.00	\$118.32	\$489.68	\$30.00 HRA	\$0.00
08/18/2020	QUEST DIAG MA LLC	PRIYANKA	Paid	\$89.99	\$79.95	\$10.04	--	\$0.00
08/18/2020	WESSMAN DO STACEY L	PRIYANKA	Paid	\$20.00	\$13.84	\$6.16	--	\$0.00
07/15/2020	STH SHORE HSP	PRIYANKA	Paid	\$108.55	\$71.31	\$37.24	--	\$0.00
07/15/2020	DOBROWSKI ARNP ELIZABETH	PRIYANKA	Paid	\$20.00	\$14.76	\$5.24	--	\$0.00
07/15/2020	KASIMER MD WILLIAM D	PRIYANKA	Processed	\$22.00	\$0.00	\$0.00	--	\$0.00
07/15/2020	WESSMAN DO STACEY L	PRIYANKA	Paid	\$32.00	\$13.57	\$18.43	--	\$0.00
07/15/2020	QUEST DIAG MA LLC	PRIYANKA	Processed	\$282.35	\$0.00	\$0.00	--	\$0.00
07/08/2020	STH SHORE HSP	PRIYANKA	Paid	\$657.01	\$338.51	\$271.33	--	\$47.17
07/08/2020	MARINO MD TERESA	PRIYANKA	Paid	\$164.00	\$92.52	\$60.76	--	\$10.72
06/16/2020	KASIMER MD WILLIAM D	PRIYANKA	Processed	\$60.00	\$0.00	\$0.00	--	\$0.00
06/16/2020	LABCORP HOLDINGS	PRIYANKA	Paid	\$1,100.00	\$402.00	\$628.20	--	\$69.80
06/16/2020	STH SHORE HSP	PRIYANKA	Paid	\$625.39	\$452.09	\$161.97	--	\$11.33
06/16/2020	QUEST DIAG MA LLC	PRIYANKA	Paid	\$282.35	\$206.94	\$67.87	--	\$7.54
06/16/2020	QUEST DIAG MA LLC	PRIYANKA	Paid	\$89.99	\$79.95	\$10.04	--	\$0.00

06/16/2020	DOBROWSKI ARNP ELIZABETH	PRIYANKA	Paid	\$20.00	\$14.76	\$5.24	--	\$0.00
06/16/2020	DOBROWSKI ARNP ELIZABETH	PRIYANKA	Paid	\$365.00	\$176.14	\$183.30	--	\$5.56
06/11/2020	ALTIERI MD RAFAEL A	PRIYANKA	Paid	\$108.00	\$39.85	\$57.93	--	\$10.22
06/11/2020	REARDON NP LISA M	PRIYANKA	Paid	\$252.00	\$89.14	\$142.86	--	\$20.00
03/06/2020	PLANNED PARENTHOOD LEAGU	PRIYANKA	Paid	\$2,230.00	\$996.42	\$841.93	--	\$46.65
02/26/2020	BIOCARDIA DIAG INC	PRIYANKA	Paid	\$170.00	\$101.00	\$58.65	--	\$10.35
02/26/2020	QUEST DIAG MA LLC	PRIYANKA	Paid	\$2,783.37	\$1,929.38	\$256.41	--	\$597.58
01/31/2020	SALIBA MD NICOLAS K	PRIYANKA	Paid	\$125.00	\$0.00	\$95.00	--	\$30.00
01/31/2020	BIOCARDIA DIAG INC	PRIYANKA	Processed	\$180.00	\$111.00	\$0.00	--	\$69.00
01/29/2020	RAO MD EDWARD K	PRIYANKA	Not Paid	\$100.00	\$0.00	\$0.00	--	\$0.00
01/29/2020	QUEST DIAG MA LLC	PRIYANKA	Paid	\$354.24	\$139.24	\$27.19	--	\$187.81
01/29/2020	QUEST DIAG MA LLC	PRIYANKA	Paid	\$895.58	\$717.93	\$3.99	--	\$173.66
TOTAL FOR PAID AND PROCESSED CLAIMS:				\$14,530.15	\$7,514.81	\$4,801.63	\$123.04	\$1,359.32

*Because you visited a doctor in the Cigna network, you saved \$7,514.81. Cigna negotiates lower rates with its in-network doctors, hospitals and other facilities to help you save money.



Accounts

Health Reimbursement Account (HRA)

Balance on December 31, 2020 **\$345.03**

Your balance may include current year funds, as well as prior year funds that may be used to pay any prior year claims.

Transactions posted from January 01, 2020 - December 31, 2020

Posted Date	Description	Deposits	Withdrawals
12/21/2020	Payment for PRIYANKA's medical visit to QUEST DIAG MA LLC on Dec 09, 2020		-\$1.11
11/25/2020	Payment for PRIYANKA's medical visit to REARDON NP on Nov 12, 2020		-\$20.00
11/25/2020	Payment for PRIYANKA's medical visit to REARDON NP on Nov 12, 2020		-\$11.93
11/23/2020	Payment for PRIYANKA's medical visit to QUEST DIAG MA LLC on Nov 12, 2020		-\$1.22
11/16/2020	Payment for PRIYANKA's medical visit to CHEN MD on Oct 29, 2020		-\$30.00
11/16/2020	Payment for PRIYANKA's medical visit to ATHANASSIOU MD on Nov 10, 2020		-\$30.00
11/11/2020	Payment for PRIYANKA's medical visit to CHEN MD on Oct 29, 2020		-\$20.61
10/23/2020	Payment for PRIYANKA's medical visit to CHEN MD on Oct 03, 2020		-\$6.67
10/08/2020	Payment for PRIYANKA's medical visit to WESSMAN DO on Sep 29, 2020		-\$2.21
10/08/2020	Payment for PRIYANKA's medical visit to QUEST DIAG MA LLC on Sep 29, 2020		-\$1.22
10/06/2020	Deposit for incentive award earned for goal "Complete my annual Dental Exam (preventive care)"	+\$100.00	
09/21/2020	Deposit for incentive award earned for goal "Speak with a maternity nurse starting in your 2nd trimester"	+\$150.00	
09/10/2020	Payment for PRIYANKA's medical visit to ATHANASSIOU MD on Aug 18, 2020		-\$30.00
09/07/2020	Deposit for incentive award earned for goal "Get a biometric screening"	+\$200.00	
09/07/2020	Deposit for incentive award earned for goal "Take the Pledge for EAP"	+\$50.00	



Healthy Tips

Are you in a holi-daze from all the rich foods, creamy drinks and lack of exercise this holiday season? We can help you put the pep back in your post-holiday step:

- Avoid snacks that are heavy on calories and light on nutrition. Try preparing 100-calorie snacks in resealable bags and keeping them handy throughout the day. Ideas include a handful of almonds, a small banana or string cheese.
- Regular exercise is important for your overall health. It helps keep your body at a healthy weight, gives you a feeling of well-being and reduces your risk of chronic diseases â like heart disease and diabetes. Just 30 minutes of exercise a day can have major benefits. Take the dog for a walk, use the stairs instead of the elevator or go for a walk during lunch.



Glossary

Claims

Amount Billed

The amount charged by the health care professional or facility (physician, hospital, etc.) for services provided to you or your covered dependents.

My Account Paid

The portion of the amount billed that was paid by your health care account.

What Your Plan Paid/My Cigna Plan Paid

The portion of the billed amount that was paid by your health care plan.

What I Owe/Customer Cost

The portion of the billed amount that is your responsibility. This amount might include your deductible, coinsurance, any amount over the maximum reimbursable charge, or products or services not covered by your plan.

Deductibles

In-Network

A group of health care professionals and facilities (doctors, hospitals, labs, etc) that offer discounts on services based on their relationship with CIGNA. Using in-network services gives you significant discounts, which help you stretch your health care account money further.

Out-of-Network

Health care professionals and facilities (doctors, hospitals, labs, etc) that do not belong to the Cigna network. Depending on your plan, you can use out-of-network services, but you may pay more for the same services, and you might have to file a separate claim for reimbursement.

Out-of-Pocket Maximum

The most you'll pay in a given year for all covered expenses. After you reach this amount, your benefit plan will pay all covered expenses for the rest of the year. Money in your reimbursement account contributes toward meeting your out-of-pocket maximum.

Note: If you'd like to keep a copy of this statement, be sure to save it to your computer. It won't be saved on myCigna.

THIS IS NOT A BILL. Your health care professional may bill you directly for any amount that you owe.

Cigna Health & Life Insurance Co.

This health statement shows activity processed during the chosen date range and may only display a portion of your benefit offerings. To review all of your benefit offerings and benefits that may be covered at a different co-insurance level, refer to your health care plan documents (certificate, benefit booklet, summary plan description, summary of benefits or other documents.)