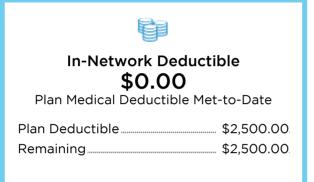


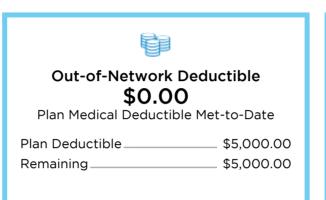
CLAIMS & BALANCES STATEMENT

Customized by me, for me.

CURRENT PLAN YEAR SNAPSHOT

As of today February 21, 2022





題
Account Balance(s)
HSA \$1,104.01

Spent to Date

Remaining \$10,000.00

.....\$0.00

MY CLAIMS & BALANCES STATEMENT

Selected Period: January 01, 2021 - December 31, 2021



Prior Plan Year Medical Deductibles And Out-of-Pocket Maximums

Includes all claims processed for the prior plan year

 In-Network Deductible
 Plan Deductible
 \$2,500.00
 Out-of-Pocket Maximum
 \$4,000.00

 \$144.75
 Met
 \$144.75
 Spent to Date
 \$144.75

 Met
 Remaining
 \$2,355.25
 Remaining
 \$3,855.25

 Out-of-Network Deductible
 Plan Deductible
 \$5,000.00
 Out-of-Pocket Maximum
 \$10,000.00

Remaining \$5,000.00

\$0.00

Met



Claims (for SRUTHI)

facilities to help you save money.

\$0.00

Met

Medical Claims with a date of service from January 01, 2021 - December 31, 2021 Service Date Provided By Status Amount Billed Discount* What Your My Account What I Owe Plan Paid 11/22/2021 QUEST DIAGNOSTICS CLINIC SRUTHI Paid \$734.48 \$674.94 \$49.23 \$10.31 11/22/2021 SRUTHI \$397.20 \$0.00 SHAMA MD SAVITHA G Paid \$725.00 \$327.80 SHETTY MD ANITA K 11/17/2021 SRUTHI Processed \$193.00 \$78.68 \$0.00 \$114.32 04/20/2021 YOST MD JAMES A SRUTHI DUPLICATE \$321.90 \$0.00 \$0.00 \$0.00 04/20/2021 SRUTHI \$205.18 \$0.00 YOST MD JAMES A Paid \$321.90 \$116.72 \$592.02 04/19/2021 YOST MD JAMES A SRUTHI DUPLICATE \$0.00 \$0.00 \$0.00 04/19/2021 \$236.32 YOST MD JAMES A SRUTHI Paid \$592.02 \$355.70 \$0.00 \$1,007.31 TOTAL FOR PAID AND PROCESSED CLAIMS: \$2,566.40 \$1,434.46 \$0.00 \$124.63

*Because you visited a doctor in the Cigna network, you saved \$1,434.46. Cigna negotiates lower rates with its in-network doctors, hospitals and other



Balance on December 31, 2021 --\$1,104.01 Health Savings Account (HSA) Transactions posted from January 01, 2021 - December 31, 2021 Posted Date Description **Deposits** Withdrawals Running Balance Dec 31 2021 Interest +\$0.01 \$1,104.01 Dec 31 2021 Contribution on 2021-12-31 +\$100.00 \$1,104.00 Dec 31 2021 Contribution on 2021-12-31 +\$20.83 \$1,004.00 Contribution on 2021-12-31 Dec 31 2021 +\$100.00 \$983.17 Dec 29 2021 Distribution on 2021-12-29 -\$114.32 \$883.17 Dec 16 2021 Contribution on 2021-12-16 +\$100.00 \$997.49 Dec 16 2021 Contribution on 2021-12-16 +\$20.83 \$897.49 Dec 16 2021 Contribution on 2021-12-16 +\$100.00 \$876.66 Dec 02 2021 Contribution on 2021-12-02 +\$20.83 \$776.66



Aug 23 2021

Healthy Tips

Are you in a holi-daze from all the rich foods, creamy drinks and lack of exercise this holiday season? We can help you put the pep back in your post-holiday step:

+\$30.83

\$755.83

- Avoid snacks that are heavy on calories and light on nutrition. Try preparing 100-calorie snacks in resealable bags and keeping them handy throughout the day. Ideas include a handful of almonds, a small banana or string cheese.
- Regular exercise is important for your overall health. It helps keep your body at a healthy weight, gives you a feeling of well-being and reduces your risk of chronic diseases â like heart disease and diabetes. Just 30 minutes of exercise a day can have major benefits. Take the dog for a walk, use the stairs instead of the elevator or go for a walk during lunch.



Claims

Amount Billed

The amount charged by the health care professional or facility (physician, hospital, etc.) for services provided to you or your covered dependents.

My Account Paid

The portion of the amount billed that was paid by your health care account.

Contribution on 2021-08-23

What Your Plan Paid/My Cigna Plan Paid

The portion of the billed amount that was paid by your health care plan.

What I Owe/Customer Cost

The portion of the billed amount that is your responsibility. This amount might include your deductible, coinsurance, any amount over the maximum reimbursable charge, or products or services not covered by your plan.

Deductibles

In-Network

A group of health care professionals and facilities (doctors, hospitals, labs, etc) that offer discounts on services based on their relationship with CIGNA. Using in-network services gives you significant discounts, which help you stretch your health care account money further.

Out-of-Network

Health care professionals and facilities (doctors, hospitals, labs, etc) that do not belong to the Cigna network. Depending on your plan, you can use out-of-network services, but you may pay more for the same services, and you might have to file a separate claim for reimbursement.

Out-of-Pocket Maximum

The most you'll pay in a given year for all covered expenses. After you reach this amount, your benefit plan will pay all covered expenses for the rest of the year. Money in your reimbursement account contributes toward meeting your out-of-pocket maximum.

Note: If you d like to keep a copy of this statement, be sure to save it to your computer. It won t be saved on myCigna.

THIS IS NOT A BILL. Your health care professional may bill you directly for any amount that you owe.

Cigna Health & Life Insurance Co.

This health statement shows activity processed during the chosen date range and may only display a portion of your benefit offerings. To review all of your benefit offerings and benefits that may be covered at a different co-insurance level, refer to your health care plan documents (certificate, benefit booklet, summary plan description, summary of benefits or other documents.)